

Questions for Growth Groups to apply the word of Psalm 16 to our hearts:

What struck you as Psalm 16 was preached?

What is God saying to *us* at Trinity today?

Why is 'One-ness with Jesus' key to understanding this Psalm?

Dependence (v.1)

- What do you think your (not-yet-Christian) friends would say gets them through tough times?
- How has Jesus got you through tough times in life?

Desire (vv.2-8)

- In what ways does the world, the flesh and the devil entice us to "run after other gods"?
- How can we encourage each other to remain loyal to the Lord?
You could think through these (or other areas):
 - o Money | Sex | Career
- What might it look like for you to have a higher estimation of the Lord's people?
- Encourage someone in your group with how they have modelled wholehearted devotion to the Lord to you.

Destiny (vv.9-11)

- When is it difficult to believe that we will have a real resurrection just like Jesus?
- When do you struggle to believe verse 11?